

Palmerston North Marist



# FOOTBALL & FUTSAL ACADEMY

Providing opportunities for young players to fulfil their potential.







# WELCOME TO OUR ACADEMY

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We are focused on creating a positive, engaging and nurturing environment to develop dynamic, balanced and passionate football and futsal players in the Manawatu region.

We believe that the teaching and developing of football and futsal skills and providing a positive academy environment will provide benefits to youth on and off the field.

The benefits to a player include;

- Instilling a love of football and futsal
- Building self-confidence and a fair play attitude
- Building resilience and learning to win and lose with dignity
- Learning teamwork and team play, collaboration and sacrifice

The youth are our future, and we are committed to providing pathways for developing players into the best that they can be.







# ABOUT US

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PN Marist is the largest club in the Manawatu region and has a successful and rich history that spans over almost 30 years.

The club boasts a senior club with social and competitive teams for men and women, a thriving junior club, Superleague Futsal teams playing in the national competition, youth teams and our successful football and futsal academies.

Our academies have grown quickly and we have over 200 passionate and talented players involved in them.

Our academy teams represent our club and region in local, regional, national and international events and we are continually looking at expanding the player opportunities we offer.







# OUR OBJECTIVES

- To build a skill base and love for the game that will prepare them for progression in their football and futsal pathways.
- To create a positive environment for passionate players from our region can learn, develop and grow.
- To establish a strong and engaged connection between the players, coaches, parents and the club.



## OUR MISSION

To provide opportunities for young players to fulfill their potential.



"Football is played with the head, your feet are just the tools" - Andrea Pirlo





# OUR PLAYING PHILOSOPHY

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At our Football Academy, we offer a training philosophy that focuses on developing well-rounded, technically proficient players with a strong emphasis on being in control of possession, playing a passing game, having composure on the ball, and gaining a deep understanding for the beautiful game.

Our approach nurtures intelligent, creative, and adaptable footballers who are well-equipped to excel in the modern game.

Additionally, we provide the added benefit of offering our Futsal Academy. Futsal enhances players' technical skills, promotes quick thinking, close ball control, many touches on the court, the confidence to play in tight spaces. It is the perfect stage for players to showcase their defensive or attacking skills.

By enrolling your player in our academies, you are giving them the opportunity to receive top-tier coaching in the best facilities in town, where they will develop the skills needed to succeed both on and off the field.

Join us in shaping the next generation of confident, high skilled, and successful footballers for our region.







# ARE OUR ACADEMIES RIGHT FOR YOUR PLAYER?

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Our academies are suitable for players who are passionate about football and/or futsal and are keen to work hard, learn, grow and develop.

Our younger age groups offer the opportunity for new footballers to accelerate their development, our older age groups are more suitable for experienced players.

We offer free trial sessions (when we have spaces available) to the academies to ensure the right fit for the player and academy.



"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing or learning to do." – Pelé





# OUR ACHIEVEMENTS



TOURNAMENT  
CHAMPION



HB Futsal Tournament  
U11 Champions 2023

We get enormous satisfaction from seeing our players succeed in multiple ways within the academy, including;

- Hitting personal development goals and targets.
- Becoming a more confident player and individual.
- Building lasting friendships within the academy and with the clubs we have relationships with.
- Representing our academy in tournaments with success being measured not only by the results but by the attitudes, technical skills and style of play.





# FOOTBALL ACADEMY

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We are passionate about shaping the next generation of confident, high skilled, and successful footballers for our region.

We are proud to be the only Wellington Phoenix Pre-Academy Centre Club in the Manawatu region and be able to offer this opportunity and pathways to aspiring players in the region.

Our academy currently offers opportunities for players aged 6 - 13 years old (including a girls only group) and this will extend in the future.

Our Football Academy is currently at capacity but we offer our Skills Development Centre which is a pathway to train your way into the Academy (more details below).







# FOOTBALL ACADEMY - WHAT WE OFFER

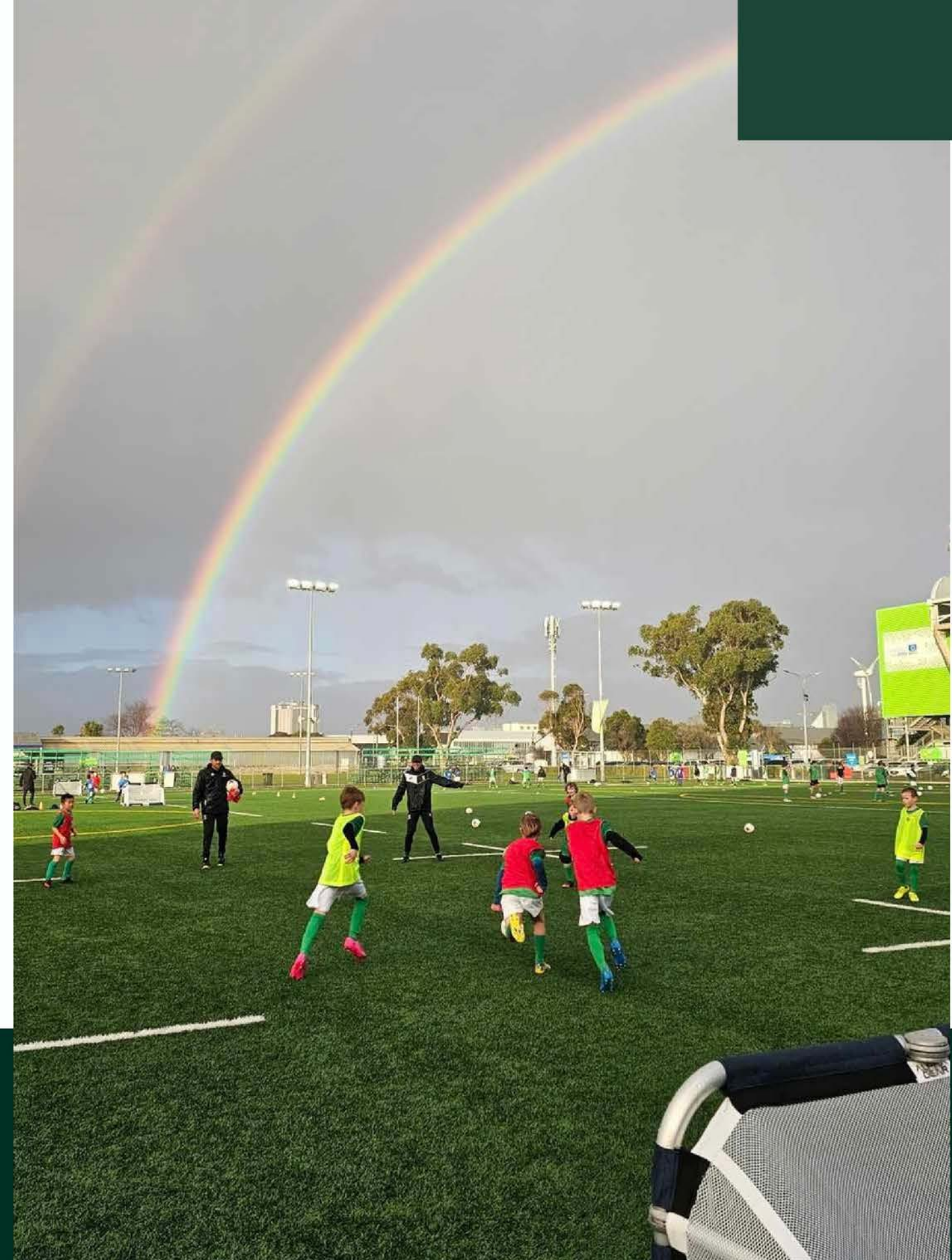
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We offer year-round training (run in school terms) at our first-class turf facility and lead by our team of experienced and committed coaches.

Training sessions focus on;

- Technical skills
- Tactical play
- Attitude and work ethic
- Game situations

We run two internal game days per term (at a training session), which is an opportunity for players to put all their learnings into practise!







# WELLINGTON PHOENIX PRE-ACADEMY CENTRE

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We are proud to be the only Pre-Academy Centre Club in the Manawatu region.

The Pre-Academy Centre (PAC) programme is the first step on the Phoenix's pathway for players aged 7-13.

As a partner club we will now be able to draw on the Phoenix's pre-academy training programme and the club's development centre, which is an online platform to develop players, parents and coaches. Every player in our programme will have access to this online platform to assist their development.

We also have exclusive access to Wellington Phoenix experiences and pathways for our players.



Players representing our academy at a Wellington Phoenix Discovery Camp





# FOOTBALL ACADEMY - GOALKEEPER TRAINING

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We are fortunate to have talented and experienced Goal Keeper, Liam Outtrim, helping our aspiring keepers to develop their skills.

Liam works with any players within our academy who are interested in goalkeeping, whether that is at a social level or to progress down the keeping pathway within football.







# FOOTBALL ACADEMY - HIGH PERFORMANCE

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We have kicked off our first High-Performance Program to provide further pathways within the academy.

Currently we have an U13 group of players participating in this program as we develop and refine the offering.

We are building a program which will develop skilled and well-rounded footballers and athletes and the players will be participating in specific skill training as well as other modalities to improve strength, technique and balance.

This team of players are currently playing in the Capital Development League against other high-level Wellington academies and clubs.

Please note this program is by invitation only.







# FOOTBALL ACADEMY - TRAINING & PRICING

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Our Football Academy runs all four terms of the year with training being held one day a week.

Trainings are on Mondays at the Arena Turf, Palmerston North;

- 6 – 9 year-olds - Mondays, 4:00pm - 5:00pm
- 10 year olds - Mondays, 4:00pm - 5:15pm
- 11 – 13year-olds and our Girls Group - Mondays, 4:30pm - 6:00pm

The investment in a player for the Academy is;

- Football 6-9 years - \$110 per term
- Football - 10 years - \$120 per term
- Football 11-13 years - \$130 per term

We welcome registrations throughout a term (if we have spaces available) so please contact us for part-term registration fees.







# SKILLS DEVELOPMENT CENTRE

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The Skills Development Centre is ideal for players that want an extra session on top of their club commitments, or for players who would like to try and train their way into our Academy Program.

The Skills Development Centre is focused on ensuring players have a strong technical base to build on in their footballing journey. Sessions will include 1v1's, small-sided games and correct techniques for striking the ball and more.

All players in our Skills Development Centre are monitored throughout the term/year and if coaches feel a player has progressed, they can be offered a place in our Academy Program.

Players can attend the Skills Development Centre on a term-by-term basis and players can come in and out of this program throughout the year.

Currently all new players to the Academy enter through the Skills Development Centre and can progress to the Football Academy when ready (and places are available).

The investment in a player for the Skills Development Centre is;

- \$100 per term (10 sessions)

**To register please visit our [website](#).**







# FUTSAL ACADEMY

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Futsal is one of the fastest growing sports in New Zealand and once you have tried it, you will fall in love!

We are passionate about Futsal and have seen first-hand the benefits to player development of youth playing futsal.

We are the only Futsal Academy in our region and have experienced coaches delivering the sessions.







# FUTSAL ACADEMY - WHAT WE OFFER

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At our Academy, we focus on all four aspects of the futsal player- technical, tactical, physical and psychological.

Our sessions focus on getting quality repetitions with and without pressure as well as create game situations with constant decision making on and off the ball.

Our Futsal Coaches include former NZ Futsal-White, Adam Cowan, and National-League player and coach, Nick Carrick, bringing a wealth of experience and knowledge to the academy.

Our Academy offers year-around training and tournament opportunities for the players (boys and girls) - join the exciting, fast and technical sport that is Futsal and see the benefits for yourself.







# FUTSAL ACADEMY - WHY FUTSAL

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The benefits of futsal include:

- improves players decision making skills
- provides players with more touches on the ball
- the heavier ball increases the power of players
- it develops the confidence in players to go 1v1 against their opponent
- it allows players to be creative in getting around their opposition
- it improves reaction time

Because the sport is a great skill developer, demanding quick reflexes, fast thinking and pin point passing, it is an exciting game for children as well as adults. It develops precise ball control and technical skill, agility, lightening reflexes and decision making.

Playing in enclosed areas develops creativity; players are also constantly placed in demanding decision making situations in enclosed areas which is a major reason why Futsal is one of the finest teachers of the quick pass and move. In football it is very hard to defend against a team that is adept at this type of play. Playing the beautiful game of football is developed through Futsal.







# FUTSAL ACADEMY - TRAINING & PRICING

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Our Futsal Academy runs all four terms of the year with the following sessions.

- U9 (6-9 yrs) - Fridays 4pm - 5pm (Freyberg School Gym and Ross Intermediate Gym)
- U10 (10 yrs) - Fridays 4pm - 5pm (Freyberg Gym)
- U11 (11 yrs) - Fridays 5pm - 6:30pm (Ross Intermediate Gym)
- U13 (12-13 yrs) - Fridays 5pm – 6:30pm (Freyberg School Gym)

The investment in a player for the Academy is;

- Futsal 6-10 years - \$120 per term
- Futsal 11-13 years - \$150 per term

We welcome registrations throughout a term (when spaces are available) so please contact us for part-term registration fees.







# PLAYER OPPORTUNITIES & TOURNAMENTS

Our Academy offers the pathways for all players, from junior to senior opportunities including the Phoenix Academy through to the Marist Men's and Women's Senior Teams who compete at the highest levels of any club in the Manawatu region.

Both the Football and Futsal Academy are involved in tournaments throughout the year. Most of these fall within Term 2 and Term 3. We operate an academy tournament calendar, and the tournaments include both local and regional/national events which have been selected for the calibre of the events.

Tournament team selection is at the coach's/academy's discretion and includes factors such as stage of player development, team make-up, age grades and location. There is a tournament fee (and travel costs for outside the region) to be involved in these (not included in your Academy fees).

Please note that being part of the academy does not guarantee your player will be part of the tournaments that the academy attends.

We run two internal game days each term in which all players are involved and will get to display their new skills and learnings.







# PLAYER OPPORTUNITIES & TOURNAMENTS

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In 2023 we took a group of U12 players to Australia for a Football & Futsal Tour, including attending the Premier Invitational Football Tournament where the team placed 4th in the Premier division out of 40 teams.

We are continually looking at local and international opportunities and pathways for our players and have build strong relationships with other clubs and academies.

The Wellington Phoenix Football Club hold training camps in conjunction with our Academy and your player will be given preferential registration opportunities for these camps and other exclusive opportunities and pathways with the Wellington Phoenix.





# OUR COACHES

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We have an amazing team of football and futsal coaches who are very passionate about developing our players.

Our Academy is led by Academy Head Coach, Adam Cowan, and our Director of Football, Michael Gaughan, both experienced coaches across junior, youth and senior.

We have men and women coaches with a wide and varied background in football and futsal, including coaches qualifications and playing and coaching experience, and most of all a huge passion for the game and for what our academy offers our players.







# OUR FACILITIES

## FUTSAL



One of the benefits of Futsal is it is indoors which means it is on regardless of weather! We utilise the indoor courts at Freyberg High School Gymnasium and Ross Intermediate Gymnasium (Featherston Street).

Our academy has access to top-class facilities including the All-Weather Football Turf at the Arena, Palmerston North and the Marist Clubrooms on Pascal Street.

All football academy trainings are held at the turf, providing a premium playing surface for optimal learning and development.





# JOIN US



For more information on joining our academies please contact  
Sarah Cowan, [academy@maristsports.co.nz](mailto:academy@maristsports.co.nz)